News release



Oct. 29, 2014

For more information:

Mary Waggoner, Director of Communications, 425-385-4040 Gail Buquicchio, Wellness Coordinator, 425-385-4273

District wellness program earns excellence award

Program to promote healthy and fit adult role models wins another award



School board and superintendent with Dr. Gail with her Golden Apple award

Everett Public Schools
Board of Directors
congratulated "Dr. Gail"
and the Employee
Wellness Program for
having earned a 2014
Golden Apple award from
the Healthy Worksite
Summit. The award
recognizes the district's
Wellness Coordinator Gail
Buquicchio for her work to
promote physical fitness
and health among school
district employees.

Since 1989, the Healthy Worksite Summit has recognized public and private worksites with the *Golden Apple* award for exemplary employee wellness programs.

In that time, 62 different organizations have been given golden apples. Only two school districts have ever been among the organizations earning this honor – Spokane School District and Seattle Archdiocese Schools.

The Wellness Program is no stranger to awards for its efforts to improve health and wellness of employees – and thus save health insurance dollars and substitute teacher costs. The American Heart Association has deemed the district a *Fit Friendly Workplace* three years in a row. Dr. Gail Buquicchio is a frequent speaker and advocate for workplace wellness programs because of her leadership of the program in this district.